Sew Chic™
Pattern Company

Style Extender
#ADD141

Belt & Bustle
Sizes 6-18

The Crossover Belt and Back Bustle are Shown with Beatrice #LN1310
**Size**  |  2   |  4   |  6   |  8   |  10  |  12  |  14  |  16  |  18  
---|-----|-----|-----|-----|-----|-----|-----|-----|-----
**Bust** | 32  | 33  | 34  | 35  | 36.5| 38  | 40  | 42  | 45  
**Waist** | 25  | 26  | 27  | 28  | 29.5| 31  | 33  | 35  | 38  
**Hip**  | 35  | 36  | 37  | 38  | 39.5| 41  | 43  | 45  | 48  
**Back waist** | 16  | 16.25| 16.5| 16.75| 17  | 17.25| 17.5| 17.75| 18 

*Body measurements are in inches*

**DESCRIPTION:** Define your style with this Style Extender crossover belt and back bustle option. Designed to be used with #1310 BEATRICE, this mini pattern may be combined with any SEW CHIC dress pattern having a waistline seam, front bodice waistline darts or princess seams, and a left size closure. The belt is gathered at both ends and inserted into the front dart or seam, wrapping around the waist to cross at center back and attached at the waist seam. The 24.5" bustle is also gathered into the waistline at center back and can be worn down or bustled. For convenience, a symbol and notch template for #LN1310 Beatrice is included.

**FABRICS:** All medium weight woven or knit with a minimum of 25% crosswise stretch. We used stretch satin.

**NOTIONS:** Thread, (2) Hook and Eyes (bar style), (2) Hook & Eyes (wire style)

**REQUIREMENTS:**
- 7/8 yards - 60" wide fabric
- 1 1/8 yards - 45" wide fabric

---

www.SewChicPatterns.com  
Mail: 595 Dampier Dr. Philomath, OR 97370  
Email: info@SewChicPatterns.com  
Phone: (541) 929-9000 (M-F, 10am-5pm PST)

---

PLEASE NOTE: The sale of this pattern is intended for private use. Any use of this design with the intent to reproduce the pattern or garment for production or resale in any form, with or without the name of the Pattern Company or designer, without prior permission is forbidden.  
Copyright © 2014 by Laura Nash. Printed in the USA. ALL RIGHTS RESERVED.
The pattern pieces pages have assembly marks on each corner. The same letter in the assembly mark will match in all 4 corners of the page. First sort the pages into the layout for the pattern pieces so the letters are matched in the page corners. Next mark one margin for removal on each adjoining page, leaving one edge to provide an overlap for taping. Trim the margins and assemble by rows and then by columns (I like to trim the right and bottom margins on the page). Tape each corner making sure the assembly mark is aligned in all directions. Tape the edges making sure the pattern is completely flat. When assembled, cut each pattern piece on the pattern cut line.
Crossover Belt & Back Bustle
#ADD141
Sizes 2-18

INSTRUCTIONS

WHAT TO KNOW BEFORE YOU SEW

**Seam Allowance:** Space between seam line and cut edge. 5/8" and 3/8" are standard. Expect 5/8" unless otherwise noted on pattern. Look for special deviations specified on pattern edge.

**Seam allowance for #ADD141** 5/8" Unless otherwise Marked

**Machine allowance guide:** With needle in down position, measure from needle to seam guide markings. Use masking tape to mark a new guide line if needed.

Seam Line: Line of stitching joining two parts. To prevent unraveling, always begin and end a seam line with either:

- **Backstitch:** Sew in reverse over the seam line for a few stitches OR
- **Lock stitch:** Knot thread by stitching in place.

Cutting Line: Patterns are multi-sized. Some have a different line type (e.g., dashes, dots, or solid lines) unique to each size. Others have solid lines for all sizes. Look for size numbers on an inside corner of each pattern piece. Once all pattern alterations and size transitions are complete, trace desired cutting line with a highlighter. Cut paper and fabric layers on highlighted line.

Notches: Markings along cutting line that aid accurate matching of pattern pieces. Notches will be a clip (\(\_\_\_\)) or a triangle (\(\triangle\)) and should be transferred to the fabric while cutting. Use the method most suitable to the pattern, skill level, fitting needs, and fabric type:
Symbols: Large or small dots (••), squares (□), or crosses (†) show important construction points, often matching to an identical symbol or seam. Other interior markings include, but are not limited to:

darts: a fold in the fabric, wide at one end and tapering
to a point at the other end
pleats: a uniform fold in the fabric.

All interior marks must be transferred from pattern to fabric. In choosing a marking method, consider whether the symbol must be visible on the right or wrong side of the fabric during construction. Transfer markings before removing pattern from fabric.

Marking the Fabric: Both methods below are accurate and suitable for any type of fabric or marking needs:

Dressmakers Carbon: Mark wrong side of fabric only. Choose a carbon color that gives the most contrast with the least visibility. Insert carbon between fabric layers, colored side touching wrong side of fabric. On a semi-soft surface, such as cardboard, use a ruler and tracing wheel to trace the pattern, construction lines and symbols. Press hard enough to transfer carbon color but not so hard that color shows on right side of fabric or permanently mars fabric.

Marking with Thread (Tailor’s tacks): Marks both right and wrong sides of fabric. Using a hand sewing needle and long double thread of high contrast color:

Step 1: Make a small stitch through the pattern and double thickness of fabric, leaving a long tail. Back stitch in same location, creating a long loop. Moving from location to location, stitch and backstitch, leaving a series of loops.

Step 2: Clip threads joining each loop and the pattern paper between stitches. Remove pins and pattern. Raise the upper layer of fabric to top of loop, exposing threads between. Clip these threads, separating layers.

Use different colors of thread to distinguish symbol types.

Stay-Stitch to give stability and minimize stretching on all off-grain and curved edges. Use a regular stitch to sew ⅛" from raw edge one fabric layer at a time.

Understitch facings to prevent rolling forward. On wrong side: clip and press seam allowance toward facing. On right side: stitch through all layers close to seam line.

Clip curved seams with a “V” configuration to allow seams, when turned, to lie flat and eliminate bulk.

Trim corners and seams that will be turned, to within ¼" of stitching to eliminate bulk. Grade, or graduate the layer

Press: To flatten fabric use a placing-down and lifting-up motion with the iron, in coordination with steam or dry conditions as required by fabric fibers. Always press when sewing to provide a smooth finish for assembly, and professional looking garment. For a plain seam, press seams flat first to “set” the stitches. Finger press seams open, applying the iron in a lift-and-press sequence along the seam.

In general seams are pressed open. Exceptions include:

Waist: Press seam up.
Yokes: Press seam inward.
Armholes: Press seam toward sleeve.
Pleats: Follow pattern directions.
Facings: Press toward facing.
Darts and tucks: Press toward center.
Horizontal darts: Press up.

Seam Finish: Use on seam allowance to prevent raveling or fraying. Consider the garment, fabric and usage when selecting a seam finish. Seam finishes are optional and therefore not included in pattern instructions. If a seam finish is desired include this step as each seam is sewn.
PREPARE PATTERN AND MATERIALS

1. MATERIALS: Pre-shrink fabric, interfacing and trims according to manufacturer's instructions. Press if necessary, including pattern pieces.

2. READ THE PATTERN: Select a view and become familiar with the markings and instructions for each piece.

#ADD141 includes 2 pattern pieces and a template:

A) Back Bustle
B) Belt
Template LN1303 Beatrice bodice dart & symbols

3. MEASURE FOR FIT: Hold measuring tape comfortably close to body, keep tape parallel to floor (do not let tape slip as it goes around):
   - **Bust**: under arms, over fullest part of chest.
   - **Waist**: on torso above hip bone, below rib cage.
   - **Hip**: at fullest part of buttocks.
   - **Backwaist**: starts at top of most prominent bone at base of neck and ends at natural waist.
   - Skirt/Dress/Pant length is measured vertically from waist down side of leg to desired location.

4. CHOOSE A SIZE: Compare your measurements with those on the pattern envelope. Choose a pattern size that is equal to, or slightly larger, transitioning between sizes if necessary. See [www.SewChic-Patterns.com/sizing](http://www.SewChic-Patterns.com/sizing) for more information on sizing and pattern fit.

5. ADJUST FOR LENGTH:
   - **Lengthen**: Draw a line perpendicular to the grain line in the desired location above the waist, or below the hip. Some patterns have a designated line drawn: (=====). Cut pattern apart. Place paper underneath and spread pattern apart the desired distance keeping the spread parallel and grain line plumb. Tape or pin in place. Correct any jog in cutting lines and darts.
   - **Shorten**: Draw two parallel lines, the distance to shorten, perpendicular to the grain line in designated location above waist or below hip. Some patterns have a designated line drawn: (=====). Fold along one line, matching it to the second line. Secure fold with tape or pins. Correct any jog in cutting lines and darts.

LAYOUT AND CUT


2. DETERMINE fabric type. Fabrics "with nap" or with a pile will look differently when viewed from various angles. A directional fabric is one in which the design is printed one way only. These fabrics must be cut with all pattern pieces positioned in the same direction. A "with nap" layout requires more fabric, as does matching a pattern with plaids or stripes.

3. PLACE PATTERN on fabric with grain line parallel to selvage. Measure at both end points of grain line for identical measurement from line to selvage. Pin pattern to fabric on grain line first, then pin around the perimeter.
   - When a pattern piece indicates Cut 1, place pattern piece with printed side up on right side of fabric and cut through top layer of fabric.
   - When a pattern piece extends beyond fold of fabric, measure and pin as shown, cut all other pieces, then open fabric fold to cut the extended piece.
   - When a pattern piece is to be cut on a fabric fold (designated by a bent arrow), place the solid line on folded edge of fabric.
   - Some pattern pieces may need to be flipped to match diagram.

4. CUT pattern pieces along cutting line, mark notches as you cut.
LAYOUT OPTIONS

All Sizes

Direction of stretch

double layer

Fabric must have 25% stretch

45" Fabric 1- 1/8 yard

60" Fabric 7/8 yard
GETTING IT TOGETHER

STEP 1: BACK BUSTLE ASSEMBLY

1. With right sides together, stitch the center back seam of the Back Bustle, this seam has a seam allowance of 3/8". Press seam open.

2. Refold the Back Bustle so the seam is in the center and the bottom point of the bustle are aligned.

Sew the v-shape seam at the bottom of the Back Bustle using a 5/8" seam allowance. Trim. Turn right side out. Press.

3. At the top of the bustle, stitch through both layers of fabric with two rows of basting stitches at 3/8" & 5/8" leaving thread tails at both ends.

4. Pull the bottom threads to gather the bustle to 5-1/2" distributing the gathers evenly on either side of the center seamline. Set aside.
STEP 2: CROSSOVER BELT ASSEMBLY

5. Stitch two rows of basting at 5/8" and 3/8" from raw edge between symbols at both ends. With wrong sides together, press to mark foldline.

NOTE: The left and right belt pieces (RIGHT AND LEFT AS WORN) are prepared differently as follows:

**Right Side Belt**

6. With right sides together, fold belt along foldline, matching notches, sew this long edge only. Pull basting (bobbin) threads, matching notches, and front and back widths are the same and foldline defines outside edge.

7. Turn the belt right side out. Press. Distributing gathers evenly, secure threads and gathers with pins. Baste at 5/8" across ends through all layers.

**Left Side Belt**

8. With right sides together, fold belt along foldline, matching notches. Pin. As with right side, pull basting threads distributing evenly, matching notches and front to back. Pin angled end, securing threads.

9. Sew long edge, pivoting at corner along diagonal edge.

10. Turn belt right side out. Press. Pin and baste across end through all layers.
The front bodice dart template can be used to add notches and symbols to the front darts or princess seams to correctly align the cross over belt pieces in the seam. Cut the pattern piece choosing your dart markings by aligning the template center front with the center front of the front bodice pattern piece. Tape the template to the front bodice pattern piece and transfer the markings.

NOTE: SHOWN USING BEATRICE PATTERN #LN1310. FOLLOW PATTERN AS DIRECTED, OMITTING WAIST TRIM.

STEP 3: BODICE ASSEMBLY

11. Align the Right Belt with right front bodice dart, matching notches. Baste into place. (when adding to another pattern be sure to leave a 5/8" seam allowance below the belt edge where the bodice will attach to the skirt at the waistline).
12. Repeat for the Left belt and the left front bodice dart.

13. Stitch the front darts. Press

14. Finish assembling the bodice according to the dress pattern directions.

15. Pin the right front belt to the bodice waistline centered on the left back bodice. Baste in place.

STEP 4: BUSTLE TO SKIRT ASSEMBLY

16. Once the skirt is complete, Align the bustle along the waistline seam, matching the center back seams on the bustle and skirt. Pin in place. Baste the bustle onto the back skirt waistline seam allowance at 3/8".
17. Complete dress construction according to dress pattern directions.
STEP 5: FINISHING

18. Sew 2 skirt hooks to the inside edge of the left front belt having hook very close to the edge.

19. Sew 2 skirt hooks bars to the bodice waistline seam spaced to match the belt hooks, centered on the right back bodice dart. The left belt will slip under the right belt and attach to the bars at the waistline seam for wearing.

20. Sew 2 wire hooks to the underside of the back bustle, hook end up.

21. Sew 2 wire eyes one inch from the outside edges of the bustle along the waistline seam. Use these hook & eyes to raise the bustle.
Back Bustle
Place on crosswise fold

Center back
This template for Beatrice #1310 has been added to the earliest pattern release.

HOWEVER, a template for Beatrice #1310 has been added.

For all styles, position the finished belt 5/8" above the waist.
for convenience only, and may or may not match up
use or to your altered pattern.
ate is NOT necessary.
ais cut line and with raw edges (or seam lines) matching.
STRETCH GUIDE

Mark fabric at each end of this space

Pull to maximum to determine percentage of stretch

10%
20%
30%
40%
50%
60%

Gather between dots
Use 3/8" seam allowance this edge only

CENTER BACK

Use small hook for bustle variation options